

## **GENERAL RULES & REGULATIONS**

The following rules and regulations governing the use of all recreational facilities at the Caribou Wellness Recreation Center have been created to provide an enjoyable atmosphere for each participant, equal opportunity of use for our community and to protect an individual's rights while using the facilities. As a member of the Caribou community, you have a responsibility to understand and abide by these guidelines. To ensure everyone's safety and enjoyment, the Caribou Recreation Staff will enforce the usage guidelines and other posted regulations. All guests must respect and follow all CPRD rules at all times or be subject to removal from the premises.

- Children under 9 years of age must be accompanied by a parent/guardian at all times unless they are involved in a directly supervised program. (Guardian must be 18 years of age or older)
- Only children in grades 7 and up are allowed in the facility after 6 p.m. unless accompanied by an adult/guardian. (Guardian must be 18 years of age or older.)
- Locker rooms are available to only program participants between the hours of 3-6 p.m. unless otherwise noted.
- Children under 9 years of age must be accompanied by a parent/guardian to utilize the elevated walking track.

## **CONDUCT**

Code of Conduct is enforced at the Recreation Center at all times. Use of Caribou Recreation Center facilities is a privilege with all members and participants expected to be good citizens and respect the rights of others. Individuals who engage in unacceptable or irresponsible behavior may have their access to the Caribou Recreation facility revoked or modified indefinitely as determined by the Recreation Director.

## **FOOD, CHEWING GUM & DRINKS**

Food, chewing gum and non-water drinks are only permitted in lobby areas and meeting rooms of the Caribou Recreation Center, with users required to dispose of all items properly. Food, chewing gum and non-water drinks are not allowed in the activity areas (gym, weight-room, or courts). Water is allowed in activity areas only if it is in an enclosed, unbreakable container. Glass containers are prohibited at all times.

## **SMOKING/USE OF TOBACCO PRODUCTS**

Smoking and tobacco products are prohibited in the facility and at entrances/exits.

## **ALCOHOL AND DRUGS**

Alcoholic beverages and illegal drugs may not be consumed prior to or while using the facility. Individuals may not use the facility while under the influence of drugs or alcohol. The Caribou Recreation Center staff reserves the right to question any individual and ask them to leave and/or deny entrance if suspecting someone under the influence.

## **CELL PHONES**

Cell phone photography is prohibited unless prior authorization is obtained from the management of the Caribou Recreation Center.

## **WEAPONS AND FIREARMS**

Absolutely no weapons allowed on premises or in the building. If you are found to be in possession of any weapon, the incident will be reported to the Caribou Police Department.

## **INJURIES AND EQUIPMENT FAILURES**

Injuries, accidents or equipment failures should be reported immediately to Caribou Wellness Center staff at the main office.

## **SWEARING**

Swearing will not be allowed on our premises. If offensive language is reported by any staff member or patron, or we HEAR any bad words, you will be instructed to call your parent.

## **BULLYING**

Bullying will not be tolerated. IE name calling, teasing, inappropriate sexual comments, taunting, threatening to cause harm, hitting, kicking, pinching, spitting, tripping, pushing. Persons whom are bullying will be directed to the Superintendent of Recreation for discussion as to how to resolve this issue. Consequences may include suspension from the facility until further notice.

## **SPITTING**

Spitting is prohibited at the Caribou Recreation Center.

## **PHOTOGRAPHY**

Photography and/or videotaping inside the Caribou Recreation Center is not allowed unless prior authorization is obtained from the Director of the Recreation Center. Use of camera phones and videophones is not permitted inside the facility.

**There is no public WIFI.**

## **BASKETBALL COURTS**

- Grabbing or hanging on the nets or rim is prohibited.
- Black souled shoes are not allowed on the gym floor.
- Balls must be returned to ball racks after use.
- No food or drinks allowed in gym (bottled water only).
- Hanging off the soccer goals is prohibited.

## **ATTIRE**

Proper athletic attire must be worn in the facility at all times. Members should be aware that in addition to providing fitness and athletic activities, this is a building host's community meetings, plays, dance recitals, etc., that requires proper attire when using the facility.

## **DISRESPECT TO STAFF**

Disrespectful behavior is not acceptable. This includes rolling eyes, talking back, pushing, etc.

## 10 KEYS TO USING YOUR REC CENTER

- Cooperate with the staff.
- Do no loiter in entry ways, stairways, hallways or restrooms.
- No smoking anytime inside the center, nor on City property.
- Carry no knives or other weapons.
- Carry nor consume no alcohol or drugs
- Walk in hallways and on stairways
- Use decent language
- Behave properly
- Leave coats, boots, bookbags, etc. neatly in lobby area.

Respect these rules and we will respect you.

## CONSEQUENCES

- |                   |                                    |
|-------------------|------------------------------------|
| 1) First offense  | 24-hour suspension from facility   |
| 2) Second offense | One-week suspension from facility  |
| 3) Third offense  | One-month suspension from facility |
| 4) Fourth offense | Six-month suspension from facility |
| 5) Fifth offense  | One-year suspension from facility  |

The use of Caribou Parks & Recreation Center facilities is a privilege and participants are expected to be good citizens and respect the rights of others. Individuals who engage in unacceptable or irresponsible behavior may have their access to facilities revoked or modified indefinitely.

I, the undersigned, have read the rules and regulations governing the use of the Caribou Wellness and Recreation Center and agree to abide by these rules.

Youth Signature \_\_\_\_\_ Date \_\_\_\_\_

Parents Signature \_\_\_\_\_ Date \_\_\_\_\_

Mailing Address \_\_\_\_\_

Phone # Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

***THIS FORM MUST BE RETURNED TO REC STAFF OR YOUR CHILD WILL NOT BE PERMITTED ON THE PREMISES WITHOUT ADULT SUPERVISION.***

Revised October 2018