

May is Healthy You Caribou!

Bird Watching Outings Led by Bill Sheehan!

May 4 **7– 8 am**

Bird watching at Collins Pond Meet at the Collins Pond covered picnic table shelter at 27 Caribou Street promptly at 7 am. Be prepared to do some light walking and warbler exploration around the perimeter of the pond.

May 11 **7–8 am**

Bird Watching at Caribou Bog Meet at Aroostook Valley Rail Trail road crossing on the Washburn Road directly before the Carson Road. There will be a short walk on level ground from the parking lot to the birding area.

May 18 **7-8 am**

Bird Watching at the Caribou Utilities District Waste Water Treatment Ponds Meet at Caribou Utilities Waste Water Treatment Ponds Driveway on the Grimes Road.

May 25 **7-8 am**

Bird Watching at the Cary Medical Center Community Trails. Meet at the entrance of the Cary Medical Center Community Trails behind Cary Rehab.

- All Events are rain or shine..., please dress appropriately for cold and inclement weather.
- Birding outings are sponsored by Cary Medical Center, Aroostook Birders, & the Caribou Parks and Recreation Department.
- No Pre-registration is required, unless otherwise noted.
- Participants names will be placed in a hat. At the completion of birding outings on May 25 a name will be selected from a hat and one lucky person will win a free pair of binoculars.
- **Outings are open to all age.**

For additional information please contact the Caribou Parks & Recreation Department @ 493-4224

