



**Aroostook River Spring Runoff  
Canoe & Kayak Race 2025**  
(First 75 registrants will receive a T-shirt)



#

**Canoe / Kayak**      **Make/Model** \_\_\_\_\_      **Length** \_\_\_\_\_

**Participant 1** \_\_\_\_\_      Cell Phone # \_\_\_\_\_

Email \_\_\_\_\_      AGE \_\_\_\_\_      SEX    M \_\_\_\_\_    F \_\_\_\_\_

Person to contact in the event of an emergency:

Name \_\_\_\_\_      Cell Phone # \_\_\_\_\_

Address \_\_\_\_\_

**Participant 2** \_\_\_\_\_      Cell Phone # \_\_\_\_\_

Email \_\_\_\_\_      AGE \_\_\_\_\_      SEX    M \_\_\_\_\_    F \_\_\_\_\_

Person to contact in the event of an emergency:

Name \_\_\_\_\_      Cell phone # \_\_\_\_\_

Address \_\_\_\_\_

**FEES**      **\$10 per paddler 19 & over**

**\$5 per paddler 18 & under**

**Class Options - PLEASE CIRCLE CHOICE**

<b>CANOE</b>	<u>Open Class</u>	2 Person	Solo	
	<u>Recreational</u>	2-Person	Male Solo	Female Solo
<b>KAYAK</b>	<u>Open Class</u>	2-Person	Solo	
	<u>Recreational</u>	2-Person	Male Solo	Female Solo

**May 4, 2025 @ 10 am**  
6.2-mile race **STARTS** at Lower Lyndon Street  
Boat Launch by Caribou Stream and **ENDS** at  
Forbes Pit, 1100 Ft Fairfield Road, Caribou.

**(Initial)\_\_\_\_\_ All Maine Boating Laws are applicable & Coast Guard approved life jackets must be worn.**

**All boats must be off the river by 12:30 pm, otherwise boaters will be responsible for their own safety.**

**INFORMED CONSENT**

I authorize CPRD staff to provide emergency treatment of any injury or illness I may experience, including transportation by ambulance, if qualified medical personnel consider treatment necessary and perform the treatment. This authorization is granted only if a reasonable effort has been made to contact the emergency contact at the telephone numbers provided. I am aware that participation in the Aroostook River Spring Runoff Canoe and Kayak Race is potentially hazardous and may involve the risk of injury. I am aware of these hazards and my ability to participate. I hereby for myself, my heirs, executors, and administrators waive and release all rights and claims against the City of Caribou, Caribou Parks and Recreation Department, its officers, supervisors, employees, agents, and volunteers, except in the case of their sole negligence, from all losses, injury, damages, fees, and other expenses arising out of, or in connection with, participation in this activity.

I understand this Informed Consent Form and agree to its conditions.

Signature \_\_\_\_\_      Date \_\_\_\_\_

Signature \_\_\_\_\_      Date \_\_\_\_\_

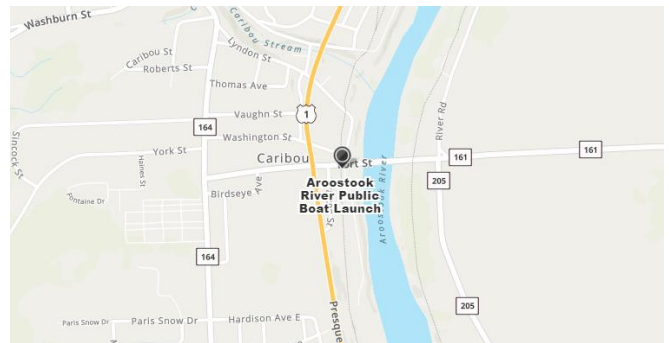
**(Under 18 must have signed permission of parent or guardian.)**

**(Children under 14 must be accompanied by someone over the age of 21)**

**Pre-registration at  
Caribou Wellness & Recreation Center  
55 Bennett Drive  
Caribou, Maine 04736**

**Or on the online registration portal at  
<https://shorturl.at/PgU0a>**

**In-Person Registration Day of Event at 8:30-9:30 am  
Lower Lyndon Street Boat Launch  
Caribou, Maine 04736**



## **Race Details**

- 6.2 miles
- Race starts at Lower Lyndon Street Boat Launch in Caribou
- Race ends at Forbes Pit at 1100 Ft Fairfield Road, Caribou
- 2 boats will be released at 2-minute intervals beginning at 10am
- Shuttle service back to race start at completion of race
- All boats must be off the river by 12:30 pm, otherwise boaters will be responsible for their own safety.
- Race Director has ultimate decision making on classification of vessel.
- All Maine Boating Laws are applicable
- Coast Guard approved life jackets must be worn
- Under 18 must have signed permission of parent or guardian
- Under 14 must be accompanied by someone over the age of 21

## **Awards**

- The awards will be at 1pm at Forbes Pit, 1100 Ft Fairfield Road, Caribou
- Cash prizes are as follows:

### **Canoe**

- \$40 1<sup>st</sup> place Open Class 2-person
- \$20 1<sup>st</sup> place Open Class solo
- \$40 1<sup>st</sup> place Recreational Class 2-person
- \$20 1<sup>st</sup> place Recreational Class male solo
- \$20 1<sup>st</sup> place Recreational Class female solo

### **Kayak**

- \$40 1st place Open Class 2-person
- \$20 1st place Open Class solo
- \$40 1st place Recreational Class 2-person
- \$20 1st place Recreational Class male solo
- \$20 1st place Recreational Class female solo



**For more information, please call Neal at the Caribou Parks & Recreation Department at 207-493-4224  
Or email Neal at [sleeper@cariboumaine.org](mailto:sleeper@cariboumaine.org)**



# Aroostook River Spring Runoff Canoe and Kayak Race Saturday - May 4, 2025 @10am



Flatwater, 6.2-Mile race **STARTS** at Lower Lyndon Street Boat Launch by Caribou Stream and **ENDS** at Forbes Pit, 1100 Ft Fairfield Road, Caribou.

**Entry fees: \$10 per paddler 19 & over**

**\$5 per paddler 18 & under**

(18 and under must have signed permission of parent or guardian; 14 and under must be accompanied by someone over the age of 21)

**Classes:**

<b>Canoe</b>	<b>Open class</b>	<b>2-person</b>	<b>Solo</b>		
	<b>Recreational</b>	<b>2-person</b>	<b>Solo Male</b>	<b>Solo Female</b>	
<b>Kayak</b>	<b>Open Class</b>	<b>2-person</b>	<b>Solo Male</b>	<b>Solo Female</b>	
	<b>Recreational</b>	<b>2-person</b>	<b>Solo Male</b>	<b>Solo Female</b>	

- 8:30-9:30am** Race Day registration at startup on Lower Lyndon Street Boat Launch.
- 9:45am** Mandatory Race briefing
- 10am** Race starts. 2 boats will be released at 2-minute intervals.
- 1pm** Awards at Forbes Pit at 1100 Fort Fairfield Road

All Maine Boating Laws are applicable & Coast Guard approved life jackets must be worn. Cash payouts for 1<sup>st</sup> place division winners.

Registration forms are available online at Caribourec.org or in the main office. You may also register on our online registration portal at <https://shorturl.at/PgU0a>

**Note:** If you do register online and do a 2-person class registration you have two options:

- 1 Add the second person to your household to select them for your partner in that division., or
- 2 They can register on their own as well under their account. Just put their name in your second-member prompt.

If you have any questions, please call Neal at the Caribou Parks & Recreation Department at 493-4224.

