

## **GENERAL RULES & REGULATIONS**

The following rules and regulations governing the use of all recreational facilities at the Caribou Wellness and Recreation Center have been created to provide an enjoyable atmosphere for each participant, equal opportunity of use for our community and to protect an individual's rights while using the facilities. All guests must always respect and follow all CPRD rules or be subject to removal from the premises.

### **ALL YOUTH IN GRADES 8 and UNDER**

We must have a form on file for all youths in grades 8 and under who attend our facility unsupervised by a parent or guardian. The form is available on our website or in the main office.

- Children under 9 years of age must be always accompanied by a parent/guardian unless they are involved in a directly supervised program. (Guardian must be 18 years of age or older)
- Only youths in grades 9 and up are allowed in the facility after 6pm unless accompanied by an adult/guardian. (Guardian must be 18 years of age or older)
- Locker rooms are available only to program participants between the hours of 3-6pm unless otherwise noted.
- Food, chewing gum and non-water drinks are only permitted in lobby areas and meeting rooms of the Caribou Wellness and Recreation Center, with users required to dispose of all items properly.
- Swearing will not be allowed on our premises. If offensive language is reported by any staff member or patron, or we HEAR any bad words, you will be instructed to call your parents.
- Bullying will not be tolerated. IE Name calling, teasing, inappropriate sexual comments, taunting, threatening to cause harm, hitting, kicking, pinching, spitting, tripping, or pushing.

### **BASKETBALL COURTS**

- Grabbing or hanging on the nets or rims is prohibited.
- Black souled shoes are not allowed on the gym floor.
- Balls must be returned to ball racks after use.
- No food or drinks allowed in the gym (bottled water only)
- Hanging off soccer goals is prohibited.

### **10 KEYS TO USING YOUR REC CENTER**

- Cooperate with staff.
- Do not loiter in entry ways, stairways, hallways, or restrooms.
- No smoking anytime inside the center, nor on City property.
- Carry no knives or other weapons.
- Carry nor consume alcohol or drugs.
- Walk in hallways and on stairways.
- Use decent language.
- Behave properly.
- Leave coats, boots, bookbags etc. neatly in lobby area.

**Respect these rules and we will respect you!**